

R1 R2 R3 PG0 PG1 Estagiário Tecnólogo
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Service (sector) Tumors and Pathology N° CEP

The look, the emotions, the anxiety aspects and the quality of life in an enucleated person and bearer of unilateral blindness.

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Purpose: to analyze not only the emotional life of the individual with unilateral blindness (blindness in one eye due to enucleation) but also the anxiety aspects and the implications that can happen in the quality of life in the psychosocial environment.

Methods: the methods utilized were the clinical and the statistic methods. The assessment comprises: Psychological Interview (Bleger 1989) and the three following questionnaires: Desiderative Questionnaire (test of personality); STAI – Anxiety Inventory trait/state; and SF36 – Medical Outcomes Study 36 – Item – Short – Form Health Survey, Instrument of Quality of Life. Results: STAI – Anxiety Inventory: Trait: average of patient`s anxiety = 39 State before: average of patient`s anxiety = 47 State after three months: average of patient`s anxiety = 51 SF36 – Instrument of Quality of Life The results obtained so far are: Vitality – before the enucleation = 78 and after enucleation = 59 General Health state - before the enucleation = 31 and after enucleation = 48 Limitation by emotional aspects – before the enucleation = 47 and after enucleation = 18.

Conclusion: So far, only 16 (sixteen patients) have been evaluated and thus, the results are partial. However, we can conclude that the interdisciplinary work among patients with cancer is very important in order to help them adapt to their illness and consequently improve their quality of life.